

# Our Services

## Surgical Care

Mr Bickford runs a patient-centred surgical practice servicing the Eastern suburbs of Melbourne at Knox Private Hospital.

He recognises that each patient has unique issues and with knowledge and experience, strives to provide the best possible outcomes.

## Physician Care

Mr Bickford's surgical management is complemented by a senior physician who is available for inpatient review, medical management and discharge planning.

## Nursing Care

Registered nurses play a key role in both pre and post operative care. They provide both in and out patient consultation, wound and symptom management, discharge support and post operative care.

## Administrative Support

Administrative staff ensure the necessary documentation and financial details are managed efficiently and any questions you have are answered.



## Contact Us

Knox Private Hospital  
Consulting Suit  
262 Mountain Highway  
Wantirna, Victoria 3152  
[reception@michaelbickford.com.au](mailto:reception@michaelbickford.com.au)  
[www.michaelbickford.com.au](http://www.michaelbickford.com.au)  
Fax: (03) 9210 7955



**Appointments & Enquiries: (03) 9210 7277**

# ERCP

Endoscopic Retrograde  
Cholangio-Pancreatography

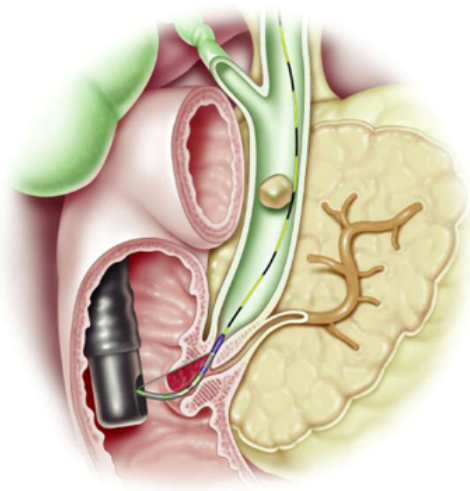
## Post Operative Instructions



# What is an ERCP?

ERCP stands for Endoscopic Retrograde Cholangio-Pancreatography. As hard as it is to say, the actual procedure is fairly simple. A dye is injected into the bile and pancreatic ducts using a flexible, video endoscope. X-rays are then taken to outline the bile ducts and pancreas.

The liver produces bile, which flows through the ducts, passes or fills the gallbladder and then enters the intestine (duodenum) just beyond the stomach. The pancreas, which is six to eight inches long, sits behind the stomach. This organ secretes digestive enzymes that flow into the intestine through the same opening as the bile. Both bile and enzymes are needed to digest food.



## After an ERCP

### Analgesia:

- When you are at home, you can take Panadol and/or Nurofen for discomfort. If you have more severe pain, please contact the hospital
- Do NOT take any aspirin based analgesia
- Do not drive or operate machinery while you are taking prescribed medication

### Diet:

- After surgery, you will be allowed to commence consuming fluids first and then diet as directed by your surgeon
- Ensure adequate fluid intake when discharged to remain hydrated

If you experience severe or increasing pain, please contact our rooms immediately on 9210 7277 or for after hours assistance, contact the Emergency Department at Knox Private Hospital .

### Activity:

- You are encouraged to rest for the remainder of the day following your procedure and increase exercise as tolerated
- It is a good idea to have someone in the house with you until you feel you are recovered

### Within 24 hours of your procedure you MUST NOT:

- Drive a car or take public transport unaccompanied
- Operate machinery
- Consume alcohol
- Sign any legal documents or make any responsible decisions

### On-going care:

- An appointment will be made for you prior to your discharge from hospital
- If this has not occurred, please call 9210 7277 to arrange a post procedure appointment
- If you have any concerns, including unrelieved pain, hot or cold flushes or general feeling of being unwell, please notify the rooms or contact the Emergency Department at Knox Private Hospital