

DISCHARGE INSTRUCTIONS – E.R.C.P.

Please note - Within 24 Hours of your procedure YOU MUST NOT:

- Drive a car or take public transport unaccompanied.
- Operate machinery
- Consume alcohol
- Sign any legal documents or make any responsible decisions.

Analgesia:

- **IF YOU EXPERIENCE SEVERE OR INCREASING PAIN, PLEASE CONTACT OUR ROOMS IMMEDIATELY ON 9210 7277.**

OUT OF HOURS – go to A&E Dept either at Knox Private Hospital or The Valley Private Hospital

- Take Paracetamol/Panadeine or prescribed medication as required for comfort. Do not take any Asprin based analgesia.
- Do not drive or operate machinery if taking prescribed medication.

Diet:

- You will have commenced fluids in the Hospital prior to your discharge. Commence a light diet as directed by your Surgeon.
- Ensure adequate fluid intake to remain hydrated.

Activity:

- You are encouraged to rest for the remainder of the day following your procedure.
- Have some-one in the house with you until you feel well recovered.

On-Going Care:

- An appointment will be made for you prior to discharge from the Hospital.
- If not, please call our Rooms on **9210 7277** to arrange your post operative appointment.
- Notify the Rooms if you have any concerns at all including unrelieved pain, hot/cold flushes or general un-wellness.