

DISCHARGE INSTRUCTIONS – MINOR PROCEDURES

Care of the Wound:

- Remove dressings as instructed by your Surgeon or Nursing Staff. If no instruction given, leave in place until your review appointment with the Doctor or Nurse in the Rooms.
- If sutures are present these will be removed at the time of the review appointment.
- Generally you will have waterproof dressings in place which you can shower with but if you have any concerns please do not hesitate to contact the Rooms.

Analgesia:

- Take Paracetamol / Panadeine or prescribed medication regularly or as required for comfort.
- Do not drive or operate machinery if taking prescribed medication.

On-Going Care:

- An appointment will be made for you prior to your discharge from hospital.
- If not, please call our rooms on **9210 7277** to arrange your post operative appointment.
- Notify the Rooms
 - if you experience any problems with your wound including abnormal redness, pain or discharge.
 - You develop a fever or get hot/cold flushes
 - Your pain is not being relieved by the analgesia you are using.